

Color the Bones of the Human Skeleton

The skeleton is made up of 206 bones and forms the frame for the body. It makes up about one fifth of the body's weight. It also includes cartilage, joints, and ligaments.

Besides for forming our body frame the skeleton has several other jobs.

- It is the anchor and support for all our muscles and even our organs.
- It protects our vital organs like our brain, spinal cord, heart and lungs.
- It allows us to move with muscles attached by tendons using the bones as levers.
- It is a place for our body to store fat and minerals, like calcium.
- It is where the body makes most of its new blood cells.

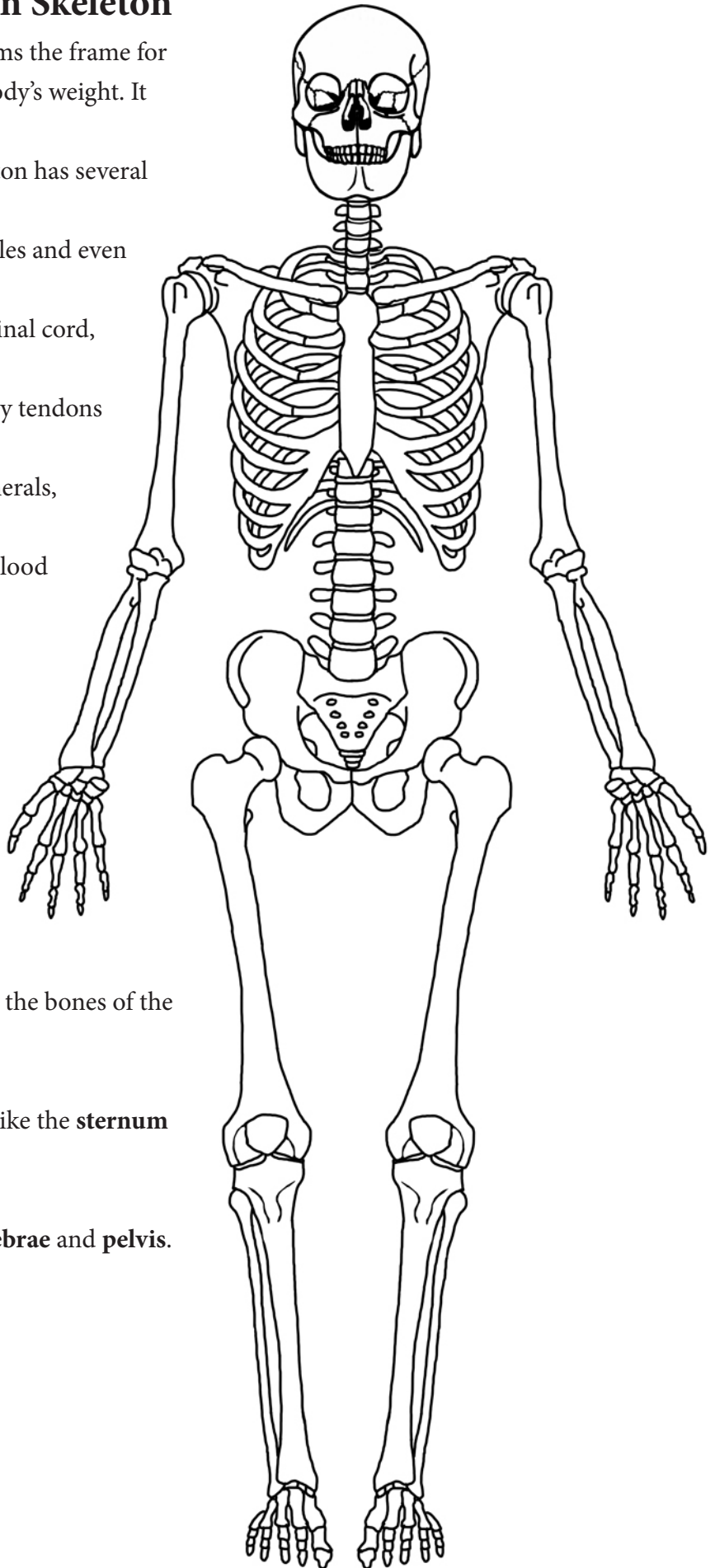
Bones come in many shapes and sizes.

The **long bones** have a long shaft and two bigger ends. These include the bones of the arms and legs. The largest bone in the body, the **femur**, is a long bone. It is 2 feet long and hollow to make it lighter. It is very strong to support the body's weight.

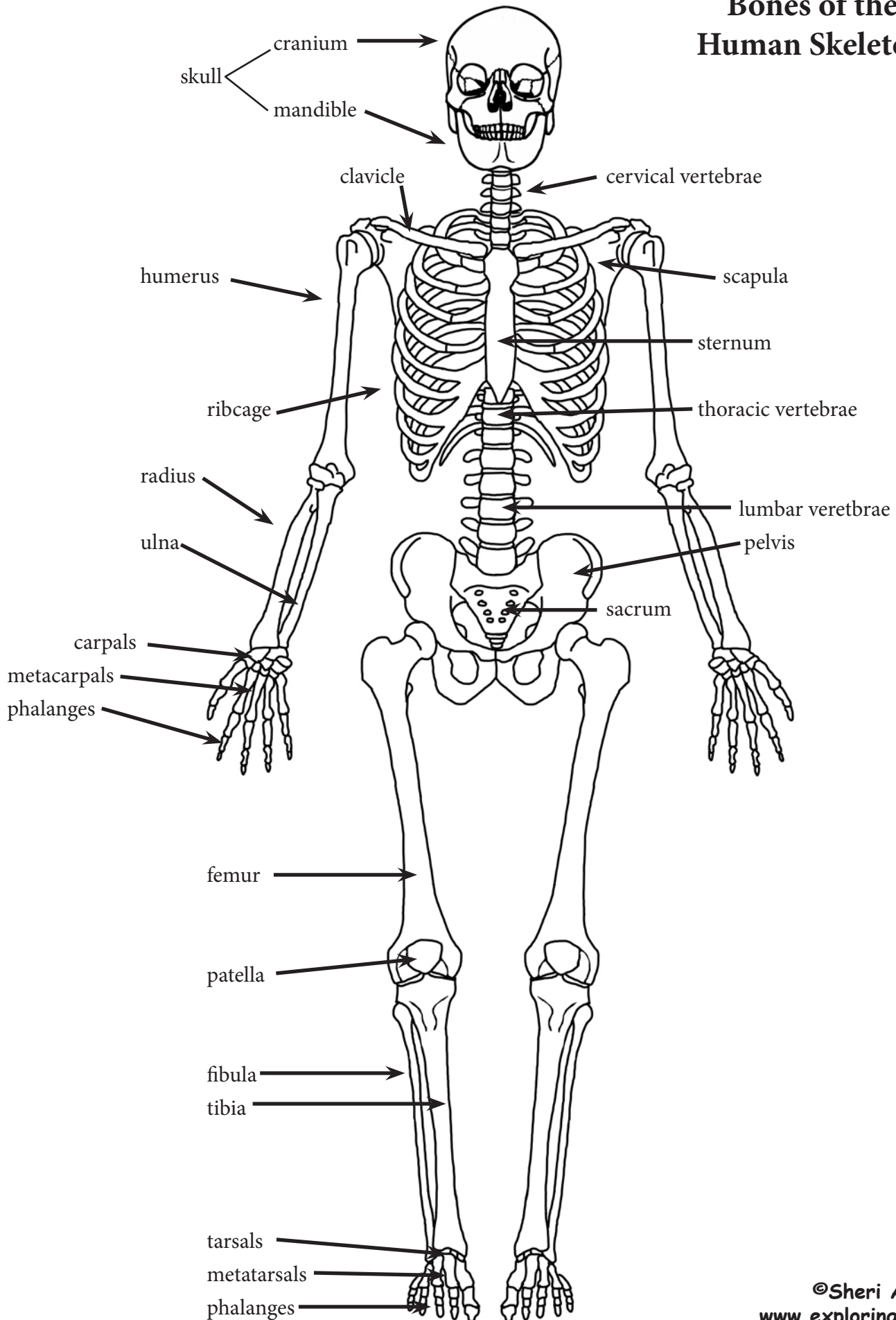
The **short bones** are cube-shaped and include the bones of the wrist (**carpals**) and ankle (**tarsals**).

The **flat bones** are thin, curved and flattened like the **sternum** and **skull**.

Lastly, there are **irregular bones** like the **vertebrae** and **pelvis**.



Bones of the Human Skeleton



Name the Bones of the Human Skeleton

